

Unemployed?

Health problems?

Looking for help?

Don't worry!

We can help you break down these barriers. Access our services and a dedicated Case Manager will support you in managing your condition and moving towards employment.

When you feel ready, our careers advice and skills training will give you the confidence you need to find the role that's right for you.

We'll give you:

- A dedicated Case Manager
- One-to-one support
- In-house health expertise
- Careers advice
- In-role support
- Complete confidentiality

Download referral forms at:

www.fitforworkteam.org

How to get referred:



Ask your GP
or Work Coach



Phone our team



E-mail us

Here's how it works:

Ask to be referred

Speak to your GP / Work Coach or contact us



We'll get in touch

by Phone, E-mail or Post



Appointment with your Case Manager



Create an action plan



Our one-to-one support can help you with:

- Careers advice
- Skills training
- In-role support
- Counselling
- Pain management
- Physiotherapy
- Occupational therapy
- Housing advice
- Debt management
- Access to Work fund



Closing appointment



Follow-up support

One, three and six months

The
**Fit
For
Work** Team

Sound good?

Call our team on **0116 31 21 200**

www.fitforworkteam.org