

Walk and Talk in Nature Friendship Group



Friendly walk led by local volunteer Roger.

Gentle walk around Sence Valley to; explore the park, meet new people and feed the swans.

Free to attend and open to everyone – just come along! Dogs welcome.

(Please bring any drinks and sensible shoes etc. that you may need)

“Connecting with nature has helped me to feel happy, it’s freed my mind from daily stresses” Roger, local volunteer.

Thursday 10th May 2pm – cygnets due to be born

Thursday 7th June 2pm – Beautiful Orchids in bloom

Thursday 5th July 2pm – see Sand Martins, House Martins & many other birds

Thursday 2nd August 2pm – the cygnets are growing!

Thursday 6th September 2pm – into Autumn

At Sence Valley Forest Park, Ravenstone Road, Ibstock LE67 6NW

Meet at the bottom car park

(free parking & toilets)

If you have any questions, please contact Lisa Manley, Local Area Coordinator.

E mail: lisa.manley@leics.gov.uk or call: 07966 111 026